

Getting Started - Coach Checklist

1) Background Check - Background checks are automatically triggered for all volunteers when they sign up to volunteer in your Stack portal.

2) Practice Location, Days & Times - Practice days/times and location are at your discretion. Please work with your local league operator to coordinate time and availability of field space, if needed.

3) Team Jerseys - Please make sure all your players have registered so we can order the entire team's jerseys. Some of the jerseys sell out so we would like to place our order ASAP.

4) Rosters - Once you have your roster, please call your parents immediately.

Basic info to tell them on 1st contact:

- Your name & that you are with Gridiron Football
- Team Name
- Practice Schedule- Location, days & times.
- Game Attire- Make sure they have cleats (no metal spikes), a mouth guard and pocket-less shorts (You can go through us for the shorts or you can find your own, its up to you)
- How you will communicate with them (Sports Connect, group texts, calls, emails, etc.)

5) Gridiron Football Rulebook - I have attached a copy of our National Gridiron Rule Book. Please be advised that some rules may be modified, changed, or adjusted per the guidance of each local commissioner. They will provide you the final copy during your pre-season, mandatory coaches meeting.

6) Concussion Policy & Injury Examination Handouts - Review the attached concussion policy and injury examination handout.

7) Schedule - Schedules are typically finalized and released 1 week before the first game.

8) Mandatory Coaches Meeting - Typically 1-2 weeks prior to the first scheduled game we conduct mandatory coaches meetings. Expect to receive an email 1 month to 2 weeks before the season starts, with the location, date and time. In addition coaches meetings may be conducted virtually, if you cannot attend please work with your local League Commissioner to make other plans. The goal of these meetings is to clearly align on league, coach, parent, and player expectations and game day processes prior to the season start.

Generally, these meeting include, but are not limited to:

- + Rules Overview and Discussion
- + Parent Code of Conduct
- + Participant Code of Conduct
- + Coaches Code of Conduct
- + Uniform & Flag Distribution
- + Practice Equipment Distribution
- + Q/A

9) Parking & Field Maps - To avoid confusion on game day, we will upload the parking maps online and will also email them to you so you can distribute them to your parents. We will email and upload the parking maps one week before the season starts.